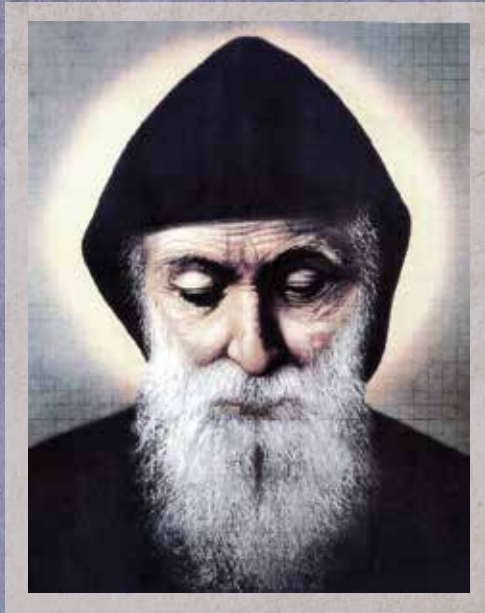


SAINT
CHARBEL'S
PARISH



ROSARY
group

PRAYER BOOK



“*As* our body cannot live without nourishment, so our soul cannot spiritually be kept alive without prayer.”

(St. Augustine)



“*Say* the Rosary every day, ”
to obtain peace for the world.”

(Our Lady of Fatima 1917)

HOW TO PRAY THE ROSARY



Joyful Mysteries (Monday and Saturday) Page 10-11
Luminous Mysteries (Thursday) Page 12-13
Sorrowful Mysteries (Tuesday and Friday) Page 14-15
Glorious Mysteries (Wednesday and Sunday) Page 16-17



PRAYER TO SAINT MAROUN

O glorious St. Maroun, father of the Maronite people, we the followers of Christ, who take our name also from you, glory in your patronage. We ask you who sought communion with God alone to intercede with the Lord our God for us.

Make us firm as the mountains in our faith, straight and upright as the cedars of Lebanon in the holiness of our lives and fertile as the richest soil in our charity and good works. You prayed and fasted as a hermit, yet received all kindly those who came to you for healing and spiritual guidance: guide us still from your heavenly mansion.

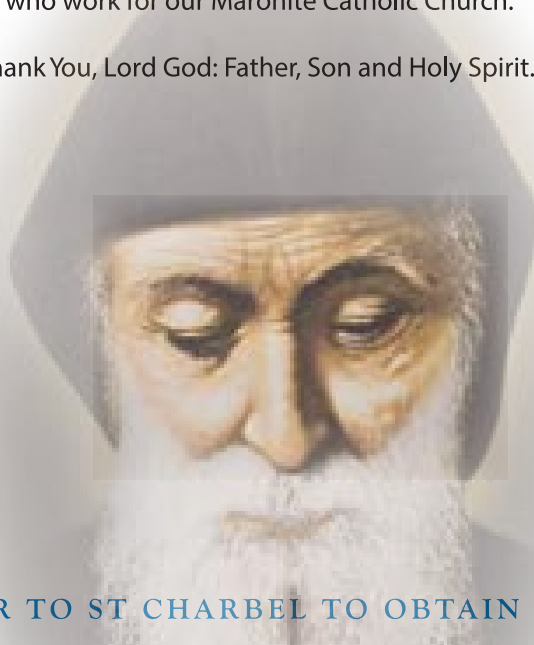
Make us steadfast Catholics, faithful Christians and true Maronites worthy to bear your venerable name. Keep us worthy of our ancestors as we recall the trials and persecutions which the Maronite church has endured in holding fast to the true Faith. After your example, may we ever praise and worship the One True God, the Most Holy and Undivided Trinity who lives and reigns forever and ever. Amen.

PRAYER FOR OUR PARISH

Lord God, You have made us the Church of Your Son Jesus. May our Parish be one community in heart, mind and love towards You.

Following the example of Saint Maroun, Patron of our Maronite Catholic Church, may all that we do, in work and prayer, reflect our commitment to Your Son, to His teachings and to Your Church. Bless our Bishop, Priests, Religious and all who work for our Maronite Catholic Church.

We praise and thank You, Lord God: Father, Son and Holy Spirit. Amen.



PRAYER TO ST CHARBEL TO OBTAIN GRACES

Almighty and everlasting God, you called St. Charbel into the priestly ministry first as a monk and then by special grace as a hermit, so that, while living alone, he might deepen his communion with You in the Universal Church, and offer her sacred mysteries to adore Your infinite splendour reflected in the majesty of the mountains and cedars of Lebanon.

Like one of these he rose to heroism in the bracing atmosphere of poverty, obedience and consecrated celibacy. Give us the grace first of all to emulate the loving service he offered You in and with the Holy Church, and as You have already honoured him by granting countless miracles to his prayers, please favour us too with the special grace we now ask of You through his intercession. Through Christ our Lord. Amen.

(Our Father, Hail Mary, Glory Be)

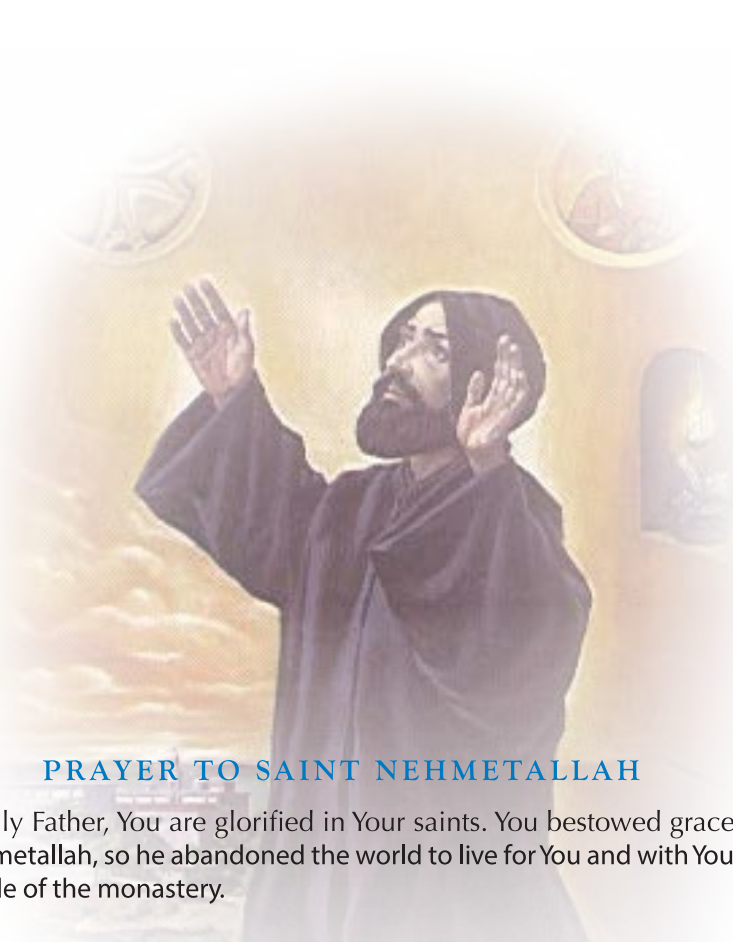


PRAYER TO SAINT RAFQA

O Jesus Christ, You who impressed Saint Rafqa's life so much that she became the teacher, the worker, the praying nun and Your partner in the Mystery of Redemption.

We ask You, through Saint Rafqa's intercession and prayers, to bless the children; to enlighten the youth; to transform human sufferings into blessings; to grant the graces of recovery, joy and happiness to sick people and to respond to the prayers of those gathered in Your name in churches and monasteries.

O Lord, as You graced Saint Rafqa with eternal life's blessings, allow us to live like her in faith, hope and love, so that we may glorify You and thank You with her and the Virgin Mary and all the Saints, forever. Amen.



PRAYER TO SAINT NEHMETALLAH

O Heavenly Father, You are glorified in Your saints. You bestowed grace upon Saint Nehmetallah, so he abandoned the world to live for You and with You in the solitude of the monastery.

O Lord Jesus, you called Saint Nehmetallah and filled him with Your grace and blessing, so he could follow You on the narrow path of perfection and holiness. He followed Your path carrying his cross with joy, the cross of communal life, by which he was sanctified.

O Holy Spirit, You have inspired Saint Nehmetallah, so that he became a monk and lived with his brethren in the monastery, where he educated them and managed all things wisely and prudently. He was an ideal teacher and encourager to Saint Charbel, his disciple, and many others.

We beseech you, O Holy Trinity, through Saint Nehmetallah, to enlighten the path of salvation before us, for You are the first and last aim. Bring us back to You and renew in us Your image and likeness.

We thank You and glorify You with our mother, the Blessed Virgin Mary, with Saint Nehmetallah and all the Saints, You who live and reign in holiness forever. Amen.

A plenary indulgence is granted, if the Rosary is recited in a church or public oratory or in a family group, a religious community or pious association; a partial indulgence is granted in other circumstances. To gain a plenary indulgence, one must also go to Confession, receive Holy Communion and recite a prayer for the intentions of the Pope, e.g. one Our Father and one Hail Mary.

+ Make the Sign of the Cross +

Intention

O my God, we believe, we adore, we hope and we love You! We ask pardon for those who do not believe, do not adore, do not hope and do not love You.

Dearest Mother Mary, we offer up this Rosary with all the Rosaries throughout the world, for all your plans and intentions. We consecrate our homes, our families, our loved ones and all our Priests to your Immaculate Heart and the Sacred Heart of Jesus, our Lord and Saviour, burning with love for us in the Blessed Eucharist.

Dear Jesus, we offer this for love of You, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary. Most Holy Trinity, we adore You profoundly. We offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He Himself is offended.

Through the merits of the Sacred Heart of Jesus, and the Immaculate Heart of Mary, we pray for the conversion of poor sinners throughout the world, for peace in our hearts, our homes, our families and our loved ones. We pray for all the holy souls in Purgatory, especially those who have no one to pray for them, and for all those who have asked our prayers. We also pray for the intentions within our own hearts. Amen.

(Pause now to consider intentions)

The Confiteor

I confess to Almighty God, and to you, my dear brothers and sisters, that I have sinned through my own fault, in my thoughts and in my words, in what I have done and what I have failed to do; and I ask Blessed Mary, ever Virgin, all the holy Angels and Saints, and you here present, to pray for me to the Lord our God.

The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in Heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on Earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

(Recite a Hail Mary for an increase of faith, hope and charity on each of the three small beads)

L. For the virtue of Faith

R. Hail Mary ...

L. For the virtue of Hope

R. Hail Mary ...

L. For the virtue of Charity

R. Hail Mary ...

Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.



The First Joyful Mystery
THE ANNUNCIATION
Spiritual Fruit: Humility

The Virgin Mary is greeted by the Angel Gabriel, who announces that she is to conceive by the power of the Holy Spirit, and her Son will be called the Son of God.
(Luke 1: 26 - 32)



The Second Joyful Mystery
THE VISITATION
Spiritual Fruit: Love of Neighbour

When Elizabeth heard Mary's greeting, the Infant leapt in her womb, and filled with the Holy Spirit, she cried out with a loud voice, saying, "Blessed art thou among women and blessed is the fruit of thy womb!"
(Luke 1: 39 - 56)



The Third Joyful Mystery
THE BIRTH OF JESUS
Spiritual Fruit: Poverty of Spirit

She gave birth to her firstborn Son, wrapped Him in swaddling clothes and laid Him in a manger, because there was no room for them in the inn.
(Luke 2: 7)



The Fourth Joyful Mystery

THE PRESENTATION*Spiritual Fruit: Purity of Mind and Body*

And when the days of her purification were fulfilled according to the Law of Moses, they took Him up to Jerusalem to present Him to the Lord.
(Luke 2: 22 - 23)



The Fifth Joyful Mystery

**THE FINDING OF THE CHILD
JESUS IN THE TEMPLE***Spiritual Fruit: Obedience*

The Child Jesus is lost for three days before the Blessed Virgin finds Him in the Temple, sitting in the midst of the teachers, both listening to them and asking them questions.
(Luke 2: 46)

*After each decade:*

"O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy."

L. St.**R. Pray for us**

The First Luminous Mystery **THE BAPTISM OF THE LORD**

*Spiritual Fruit: Gratitude
for the Gift of Faith*

Jesus is baptised in the River Jordan and the Holy Spirit descends upon Him in the form of a dove. And a voice came from Heaven, "You are My Son, the Beloved; and with You I am well pleased."

(Matthew 3: 13 - 17)



The Second Luminous Mystery

THE MIRACLE AT THE WEDDING OF CANA

Spiritual Fruit: Fidelity

Jesus changes water into wine, the first of His signs, and reveals His glory; and His disciples believe in Him.

(John 2: 11)



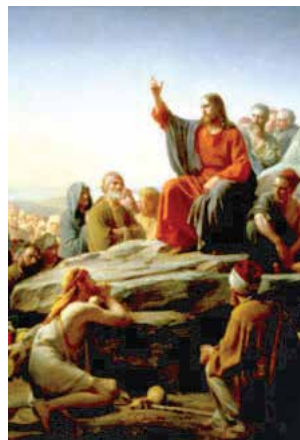
The Third Luminous Mystery

THE PROCLAMATION OF THE KINGDOM OF GOD

Spiritual Fruit: Desire for Holiness

Jesus comes to Galilee proclaiming the Gospel, saying, "The Kingdom of God is at hand. Repent, and believe in the good news."

(Mark 1:14 - 15)



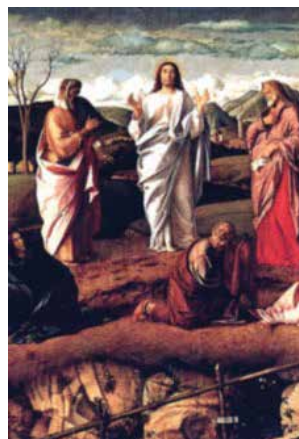
The Fourth Luminous Mystery

THE TRANSFIGURATION

Spiritual Fruit: Spiritual Courage

His face shone like the sun and His clothes became dazzling white. And behold, there appeared to them Moses and Elijah, talking with Him. Then a bright cloud overshadowed them and a voice came from the cloud, saying, "This is My Son, the Chosen One; listen to Him."

(Matthew 17: 1 - 3)



The Fifth Luminous Mystery

THE INSTITUTION OF THE EUCHARIST

*Spiritual Fruit: Love of Our
Eucharistic Lord*

Jesus took a piece of bread, blessed and broke it, and giving it to His Apostles, said, "Take and eat; this is My Body." Then He took a cup, gave thanks, and gave it to them saying, "Drink from it, all of you, for this is My Blood of the New Covenant, which will be poured out for many for the forgiveness of sins. Do this in memory of Me."

(Matthew 26: 26 - 28)



After each decade:

"O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy."

L. St.

R. Pray for us



The First Sorrowful Mystery
THE AGONY IN THE GARDEN

*Spiritual Fruit: Fulfilment of
 God's Will*

Jesus prays in the Garden of Olives and His sweat became as drops of blood running down upon the ground. Rising from prayer, He came to His disciples and found them sleeping.
(Luke 22: 44 - 45)



The Second Sorrowful Mystery
THE SCOURGING AT THE PILLAR

*Spiritual Fruit: Mortification
 of the Senses*

Pilate then took Jesus and had Him scourged.
(John 19: 1)



The Third Sorrowful Mystery
THE CROWNING WITH THORNS

*Spiritual Fruit: Reign of Christ
 in our Hearts*

They stripped Him and put on Him a scarlet cloak; and plaiting a crown of thorns they put it on His head and a reed into His right hand. And kneeling before Him, they mocked Him, saying, "Hail, King of the Jews."
(Matthew 27: 28 - 31)



The Fourth Sorrowful Mystery **THE CARRYING OF THE CROSS**

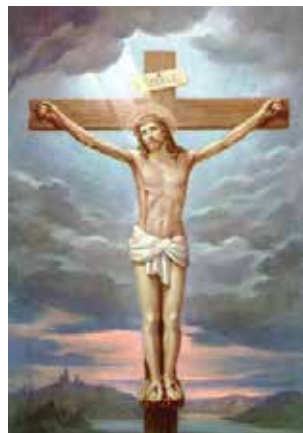
*Spiritual Fruit: Patient Bearing
of Trials*

And bearing the cross for Himself, He
went forth to the Place of the Skull, in
Hebrew, Golgotha.
(John 19: 17)



The Fifth Sorrowful Mystery **THE CRUCIFIXION** *Spiritual Fruit: Pardoning of Injuries*

Jesus is nailed to the cross and dies
for our sins after three hours of agony.
Crying out with a loud voice, He said,
"Father into Thy Hands I commend
my spirit." And having said this, He
breathed His last.
(Luke 23: 33 - 46)



After each decade:

**"O my Jesus, forgive us our sins, save us
from the fires of hell, lead all souls to
Heaven, especially those in most need of
Thy mercy."**

L. St.

R. Pray for us



The First Glorious Mystery

THE RESURRECTION

Spiritual Fruit: Faith

Jesus rises three days after His death. When Mary Magdalene and the other Mary came to see the tomb, an angel appeared to them and said, "Do not be afraid. I know that you are seeking Jesus the crucified. He has risen, He is not here. Behold the place where they laid Him."

(Matthew 28:1-10)



The Second Glorious Mystery

THE ASCENSION

Spiritual Fruit: Christian Hope

Forty days after His resurrection Jesus ascends into Heaven and sits at the right hand of God the Father Almighty.

(Mark 16: 19 - 20)



The Third Glorious Mystery

THE DESCENT OF THE HOLY SPIRIT

Spiritual Fruit: Gifts of the Holy Spirit

Ten days after the Ascension, the Holy Spirit descends upon Mary and the Apostles in the form of fiery tongues.

(Acts 2: 2 - 4)



The Fourth Glorious Mystery

THE ASSUMPTION

*Spiritual Fruit: To go to
Jesus through Mary*

The Blessed Virgin finishes her life on earth and is assumed body and soul into the glory of Heaven amidst the rejoicing of the Angels.

(Revelation 12: 1 - 6)



The Fifth Glorious Mystery

THE CORONATION

*Spiritual Fruit: Grace of
Final Perseverance*

The Daughter of God, the Mother of God and the Spouse of God is now crowned Queen of Heaven and Earth, Angels and men. Mary is truly "Queen of All Hearts." Trust in the intercession of Mother Mary for eternal happiness.

(Revelation 21: 1 - 8)



After each decade:

"O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy."

L. St.

R. Pray for us



HAIL HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, hail, our life, our sweetness and our hope! To Thee do we cry, poor banished children of Eve; to Thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, Thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of Thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

L. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

L. Let us pray:

O God, whose only begotten Son, by His life, death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

PRAYER TO ST MICHAEL THE ARCHANGEL

St. Michael the Archangel,
defend us in the day of battle;
be our safeguard against
the wickedness and
snares of the devil.

May God rebuke him,
we humbly pray.

And do thou,
O prince of the heavenly host,
by the power of Almighty God,
cast into hell, Satan,
and all the evil spirits
who roam throughout the world
seeking the ruin of souls.

Amen.

L. Most Sacred Heart of Jesus

R. Have mercy on us

L. O Sorrowful and Immaculate Heart of Mary

R. Pray for us

L. Saint Joseph

R. Pray for us

L. Saint Charbel

R. Pray for us

L. All Holy Angels and Saints

R. Pray for us

L. May the divine assistance remain always with us.

R. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

L. Prayers for the Holy Father with the intention to gain the Plenary Indulgence
(*Our Father, Hail Mary, Glory Be*)

+ Make the Sign of the Cross +



THE ANGELUS

L. The angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

(Hail Mary)

L. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

(Hail Mary)

L. And the Word was made Flesh.

R. And dwelt among us.

(Hail Mary)

L. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

L. Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

The Angelus is replaced by the Regina Coeli during the Paschal Season, which begins on Easter Saturday and ends on Pentecost Sunday [see p.36]



THE MAGNIFICAT

My soul magnifies the Lord,
And my spirit rejoices in God my Saviour.
For He has regarded the low estate of His handmaiden,
For behold, henceforth all generations shall call me blessed.
For He who is mighty has done great things for me, and Holy is His name.
And His mercy is on those who fear Him from generation to generation.
He has shown strength with His arm:
He has scattered the proud in the imagination of their hearts.
He has put down the mighty from their thrones,
And exalted those of low degree.
He has filled the hungry with good things;
And the rich He has sent empty away.
He has helped His servant Israel, in remembrance of His mercy;
As He spoke to our fathers, to Abraham and to his seed forever. Amen.



+ Make the Sign of the Cross +

You expired Jesus, but the source of life gushed forth for souls, and an ocean of mercy opened up for the whole world. O Fountain of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of mercy for us, I trust in You.

Our Father

Hail Mary

The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Then on the Our Father beads say the following:

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

On each of the 10 Hail Mary beads:

**For the sake of His sorrowful passion
Have mercy on us and on the whole world**

First Decade:

L. For the wound of His left hand

Second Decade:

L. For the wound of His right hand

Third Decade:

L. For the wound of His left foot

Fourth Decade:

L. For the wound of His right foot

Fifth Decade:

L. For His pierced heart and shoulder wound



Conclude with:

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.
(three times)

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of mercy for us, I trust in You.
(three times)

Jesus I Trust in You.
(three times)

L. Saint Faustina

R. Pray for us

L. All Holy Angels and Saints

R. Pray for us

L. Especially our Blessed Mother

R. Pray for us

GUARDIAN ANGEL PRAYER

Angel of God, my Guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen.

PRAYER FOR THE HOLY SOULS IN PURGATORY

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the holy souls in Purgatory, for sinners everywhere, for sinners in the Universal Church, those in my own home and within my own family. Amen.

PRAYER OF SAINT FAUSTINA

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself. Amen.

Jesus, I Trust in You!

DIVINE PRAISES

Repeat each one after Leader announces:

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

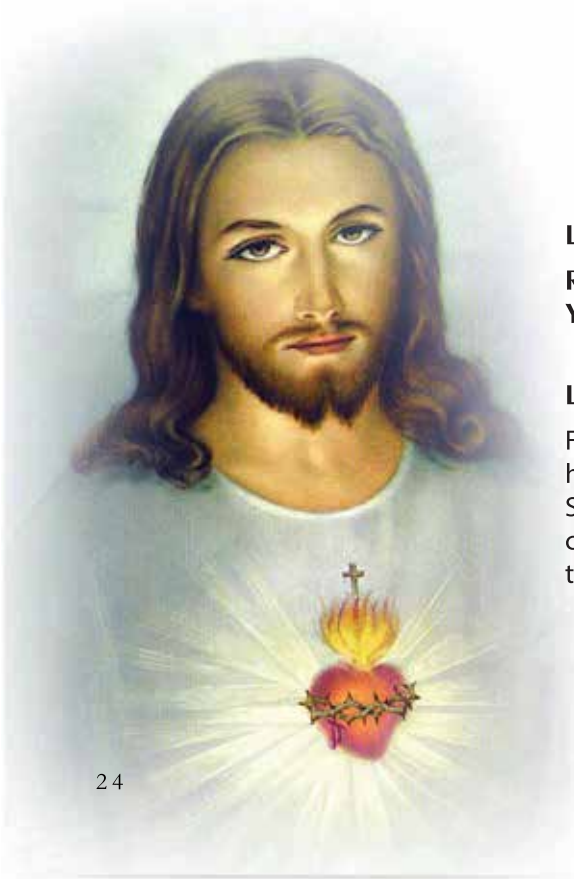
Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints.



FINAL PRAYER

L. Jesus, gentle and humble of heart.

R. Touch our hearts and make them like Your own.

L. Let us pray:

Father, we rejoice in the gifts of love we have received from the Heart of Jesus Your Son; open our hearts to share His life, and continue to bless us with His love. We ask this through Christ our Lord. Amen.

+ Make the Sign of the Cross +

Y A OUM ALLAH [MOTHER OF GOD]



Ya Oum Allah ya Hanouna
Ya kanzal Rahmat walma'ouna
Anti maljana wa 'alaiki rajana
Tashaffa'l fina ya 'athra
wataHannani 'ala mawtana

O Mother of God, O Compassionate One,
O treasure of mercy and our hope.
You are our refuge and in you we place our hope.
Intercede for us, O Virgin Mary
and be compassionate with our dead.

Wa in kana jismouki ba'idan mina
ai-yatouha al-batoulou oummouna
Salawatouki hiya taS-Habouna
watakoun ma'ana wataH-faTHouna

Though your body may be far from us
O Virgin Mother when you pray,
your prayers are always with us
giving us protection and shelter.

Bijah man sharrafik 'alal 'alamin
Hin Thahar minki Thouhouran moubin
ouTloubi minhou lil khaTi-in
al-maraHim lidahri dahirin

We implore you to ask Him who honoured you
when He became incarnate from you.
Ask Him, for us sinners,
forgiveness and His mercy for ever and ever.

Anti oumouna warajana
Anti fakhrouna wa maljana
'indabniki ishfa'i fina
liyaghfour bira-fatih khaTa-yana

You are our Mother, you are our hope,
you are our glory and you are our refuge.
Be our advocate before your Son
that in His mercy He may forgive our sins.

La Touhmi-lina ya Hanouna
Ya mamlou-at koulla ni'ma
Bal khalliSi 'abidaki ajma'in
li-nash-kouraki li-dahri dahirin

Do not abandon us, O Compassionate Mother.
You are full of all graces.
Save your children, all your children,
who give you thanks for ever and ever.

LITANY OF THE SACRED HEART OF JESUS

L. Lord, have mercy.
R. Christ, have mercy.
L. Lord, have mercy. Christ, hear us.
R. Christ, graciously hear us.
L. God the Father of Heaven.
R. Have mercy on us.
L. God the Son, Redeemer of the world.
R. Have mercy on us.
L. God the Holy Spirit.
R. Have mercy on us.
L. Holy Trinity, one God.
R. Have mercy on us.

*After each invocation, respond with
"Have mercy on us"*

L. Heart of Jesus, Son of the Eternal Father.
L. Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother.
L. Heart of Jesus, substantially united to the Word of God.
L. Heart of Jesus, Infinite in Majesty.
L. Heart of Jesus, holy Temple of God.
L. Heart of Jesus, Tabernacle of the Most High.
L. Heart of Jesus, House of God and Gate of Heaven.
L. Heart of Jesus, burning furnace of charity.
L. Heart of Jesus, vessel of justice and love.
L. Heart of Jesus, full of goodness and love.
L. Heart of Jesus, abyss of all virtues.
L. Heart of Jesus, most worthy of all praise.
L. Heart of Jesus, king and centre of all hearts.
L. Heart of Jesus, in Whom are all the treasures of wisdom and knowledge.
L. Heart of Jesus, in Whom dwells the fullness of the divinity.
L. Heart of Jesus, in Whom the Father is well pleased.
L. Heart of Jesus, from Whose fullness we have all received.

L. Heart of Jesus, desire of the eternal hills.
L. Heart of Jesus, patient and full of mercy.
L. Heart of Jesus, generous to all who invoke You.
L. Heart of Jesus, fountain of life and holiness.
L. Heart of Jesus, atonement for our sins.
L. Heart of Jesus, overwhelmed with insults.
L. Heart of Jesus, broken for our sins.
L. Heart of Jesus, obedient even to death.
L. Heart of Jesus, pierced by a lance.
L. Heart of Jesus, source of all consolation.
L. Heart of Jesus, our life and resurrection.
L. Heart of Jesus, our peace and reconciliation.
L. Heart of Jesus, victim for sins.
L. Heart of Jesus, salvation of all who trust in You.
L. Heart of Jesus, hope of all who die in You.
L. Heart of Jesus, delight of all the Saints.
L. Lamb of God, Who takes away the sins of the world.
R. Spare us, O Lord.
L. Lamb of God, Who takes away the sins of the world.
R. Graciously hear us, O Lord.
L. Lamb of God, Who takes away the sins of the world.
R. Have mercy on us.

L. Jesus, meek and humble of heart.
R. Make our hearts like unto Thine.

L. Let us pray:

Almighty and everlasting God, look upon the Heart of Your well-beloved Son and upon the praise and satisfaction which He offers You in the name of sinners; and of Your great goodness grant them pardon when they seek Your mercy, in the name of the same Jesus Christ Your Son, Who lives and reigns with You forever and ever. Amen.

LITANY OF THE BLESSED VIRGIN MARY

L. Lord, have mercy.

R. Christ, have mercy.

L. Lord, have mercy. Christ, hear us.

R. Christ, graciously hear us.

L. God the Father of Heaven.

R. Have mercy on us.

L. God the Son, Redeemer of the world.

R. Have mercy on us.

L. God the Holy Spirit.

R. Have mercy on us.

L. Holy Trinity, one God.

R. Have mercy on us.

*After each invocation, respond with
"Pray for us"*

L. Holy Mary.

L. Holy Mother of God.

L. Holy Virgin of virgins.

L. Mother of Christ.

L. Mother of divine grace.

L. Mother most pure.

L. Mother most chaste.

L. Mother inviolate.

L. Mother undefiled.

L. Mother most amiable.

L. Mother most admirable.

L. Mother of good counsel.

L. Mother of our Creator.

L. Mother of our Saviour.

L. Mother of the Church.

L. Virgin most prudent.

L. Virgin most venerable.

L. Virgin most renowned.

L. Virgin most powerful.

L. Virgin most merciful.

L. Virgin most faithful.

L. Mirror of justice.

L. Seat of wisdom.

L. Cause of our joy.

L. Spiritual vessel.

L. Vessel of honour.

L. Singular vessel of devotion.

L. Mystical rose.

L. Tower of David.

L. Tower of ivory.

L. House of gold.

L. Ark of the Covenant.

L. Gate of Heaven.

L. Morning star.

L. Health of the sick.

L. Refuge of sinners.

L. Comforter of the afflicted.

L. Help of Christians.

L. Queen of angels.

L. Queen of patriarchs.

L. Queen of prophets.

L. Queen of apostles.

L. Queen of martyrs.

L. Queen of confessors.

L. Queen of virgins.

L. Queen of all saints.

L. Queen conceived without Original Sin.

L. Queen assumed into Heaven.

L. Queen of the most holy Rosary.

L. Queen of families.

L. Queen of peace.

L. Lamb of God, Who takes away the sins of the world.

R. Spare us, O Lord.

L. Lamb of God, Who takes away the sins of the world.

R. Graciously hear us, O Lord.

L. Lamb of God, Who takes away the sins of the world.

R. Have mercy on us.

L. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

L. Let us pray:

Grant, we beseech Thee, O Lord God, that we Thy servants may enjoy perpetual health of mind and body, and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enjoy everlasting happiness. Through Christ Our Lord. Amen.



ST MARY OF THE CROSS

Ever generous God,

You inspired Saint Mary MacKillop to live her life faithful to the Gospel of Jesus Christ and constant in bringing hope and encouragement to those who were disheartened, lonely or needy.

With confidence in your generous providence and through the intercession of Saint Mary MacKillop we ask that you grant our request.....

We ask that our faith and hope be fired afresh by the Holy Spirit so that we too, like Mary MacKillop, may live with courage, trust and openness.

Ever generous God hear our prayer.
We ask this through Jesus Christ.
Amen.

ST MARY OF THE CROSS,
PRAY FOR US!

Come Holy Spirit, fill the hearts of Thy faithful and enkindle in them the fire of Thy love.

L. Send forth Thy Spirit and they shall be created.

R. And Thou shalt renew the face of the earth.

L. Let us pray:

O God, who by the light of the Holy Spirit, didst instruct the hearts of the faithful, grant that in the same Spirit we may be truly wise and ever rejoice in His consolation. Through Christ Our Lord. Amen.



O my God, I firmly believe all the sacred truths which Your Holy Catholic Church believes and teaches, because You, the Infallible Truth, have revealed them. O Jesus, increase my faith. Amen.

ACT OF HOPE

O my God, relying on Your promises, I hope that, through the infinite merits of Jesus Christ, You will grant me pardon of my sins, and the graces necessary to serve you in this life and to obtain eternal happiness in the next. Jesus, strengthen my hope. Amen.

ACT OF CHARITY

O my God, I love You above all things with my whole heart and soul, because You are infinitely worthy of love; I love my neighbour as myself, for the love of You; I forgive all who have injured me, and ask pardon of all whom I have injured. O Jesus, inflame my love. Amen.

ACT OF CONTRITION

O my God, I am heartily sorry for all my sins, because of which I deserve the eternal pains of Hell, but most of all because I have offended You, my God, Who are all-good and deserving of all my love. I firmly resolve with the help of Your grace to confess my sins, to do penance, to avoid the proximate occasions of sin and never to sin anymore. Amen.

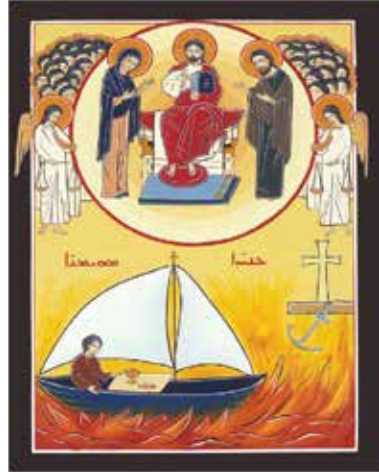
PRAYER FOR THE HOLY SOULS IN PURGATORY

L. Eternal rest grant unto them, O Lord

R. And let perpetual light shine upon them. May they rest in peace. Amen.

L. May the divine assistance remain always with us.

R. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



THE CHAPLET OF THE HOLY SOULS

(This can be prayed on a set of normal Rosary beads)

The Apostle's Creed *(Page 9)*

1x Our Father

3x Hail Marys

1x Glory be

On the large beads, pray

“O Holy Souls, draw the fire of God’s Love into my soul, to reveal Jesus crucified in me here on earth, rather than hereafter in Purgatory.”

On the small beads, pray

“Crucified Lord Jesus, have mercy on the souls in Purgatory.”

When completed all five decades, pray 3 times the **Glory be**.

PRAYER OF SAINT GERTRUDE THE GREAT FOR THE HOLY SOULS IN PURGATORY

O Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy souls in Purgatory, for sinners everywhere, for sinners in the Universal Church, for those in my own home and for those within my family. **Amen.**

THE UNIVERSAL PRAYER (POPE CLEMENT XI)

Lord, I believe in You: increase my faith. I trust in You: strengthen my trust. I love You: let me love You more and more. I am sorry for my sins: deepen my sorrow. I worship You as my first beginning, I long for You as my last end, I praise You as my constant helper, and call on You as my loving protector.

Guide me by Your wisdom, correct me with Your justice, comfort me with Your mercy, protect me with Your power. I offer You, Lord, my thoughts: to be fixed on You; My words: to have You for their theme; My actions: to reflect my love for You; My sufferings: to be endured for Your greater glory. I want to do what You ask of me: in the way You ask, for as long as You ask, because You ask it.

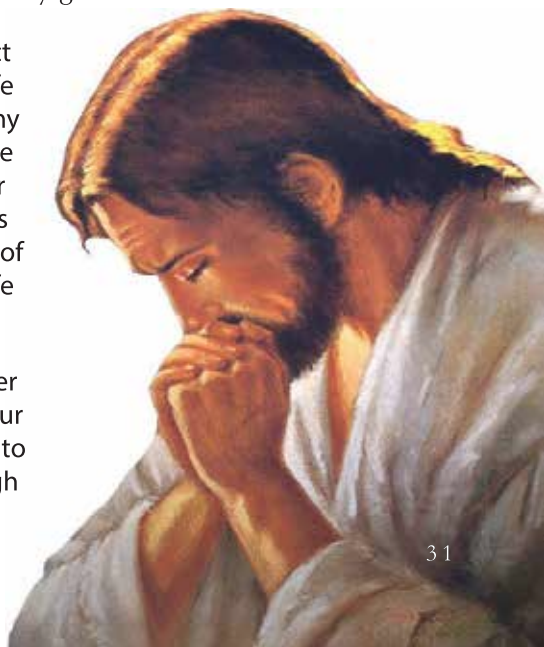
Lord, enlighten my understanding, strengthen my will, purify my heart, and make me holy. Help me to repent of my past sins and to resist temptation in the future. Help me to rise above my human weaknesses and to grow stronger as a Christian.

Let me love You, my Lord and my God, and see myself as I really am: a pilgrim in this world, a Christian called to respect and love all whose lives I touch, those under my authority, my friends and my enemies.

Help me to conquer anger with gentleness, greed by generosity, apathy by fervour. Help me to forget myself and reach out toward others. Make me prudent in planning, courageous in taking risks. Make me patient in suffering, unassuming in prosperity. Keep me, Lord, attentive at prayer, temperate in food and drink, diligent in my work, firm in my good intentions.

Let my conscience be clear, my conduct without fault, my speech blameless, my life well-ordered. Put me on guard against my human weaknesses. Let me cherish Your love for me, keep Your law, and come at last to Your salvation. Teach me to realize that this world is passing, that my true future is the happiness of heaven, that life on earth is short, and the life to come eternal.

Help me to prepare for death with a proper fear of judgment, but a greater trust in Your goodness. Lead me safely through death to the endless joy of heaven. Grant this through Christ our Lord. Amen.



DIVINE MERCY PRAYER FOR ALL MANKIND, ESPECIALLY FOR SINNERS

Most Merciful Jesus, whose very nature it is to have compassion and forgive us, do not look upon our sins, but on the trust we place in Your infinite goodness.

We beg You, turn Your merciful gaze on all mankind and especially upon poor sinners; enfold them in Your Most Compassionate Heart, that we may praise the infinite power of Your Mercy forever. Amen.

PRAYER TO DEFEAT THE WORK OF SATAN

O Divine Eternal Father, in union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the power of your greatest enemy - the evil spirits.

Cast them into the deepest recesses of hell and chain them there forever! Take possession of your Kingdom, which You have created and which is rightfully yours.

Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary.

I repeat this prayer out of pure love for You with every beat of my heart and with every breath that I take. Amen.

Imprimatur, March 1973, Richard H. Ackerman, Bishop of Covington

ANIMA CHRISTI

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O God Jesus, hear me.
Within Thy wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy defend me.
In the hour of my death, call me.
And bid me come to Thee,
That, with Thy Saints, I may praise Thee
Forever and ever. Amen.



PRAYER FOR DAILY NEGLECT

Eternal Father, I offer You the Sacred Heart of Jesus, with all its love, all its sufferings and all its merits:

First: To expiate all the sins I have committed this day and during all my life.

(Glory be)

Second: To purify the good I have done badly this day and during all my life.

(Glory Be)

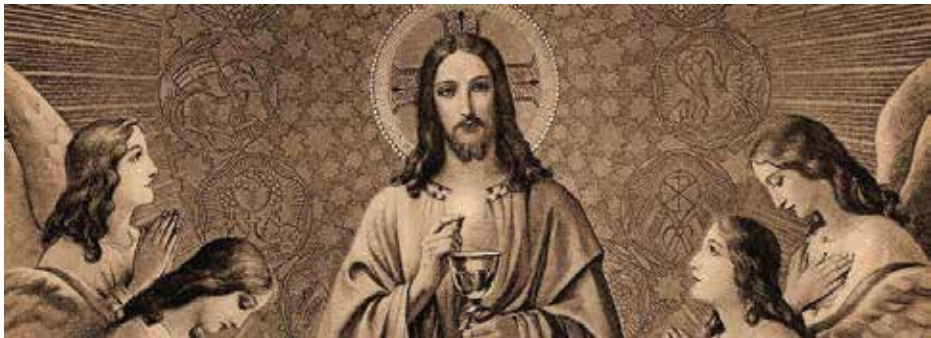
Third: To supply for the good I ought to have done, and that I have neglected this day and during all my life.

(Glory Be)



SPIRITUAL COMMUNION

By a rescript of November 24, 1922, the Holy See approved the following formula for a spiritual communion:



O Jesus, I turn toward the holy Tabernacle where You live hidden for love of me. I love You, O my God. I cannot receive you in Holy Communion. Come, nevertheless, and visit me with Your Grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

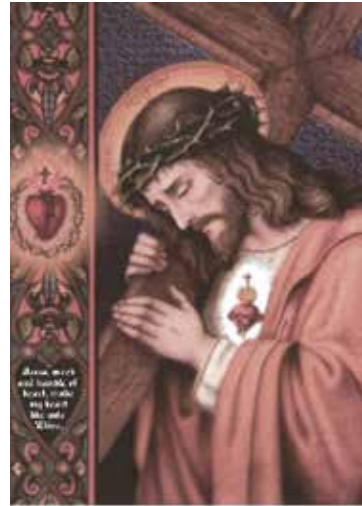
The value of a spiritual communion well made is enormous. We can, and should, make one frequently. It was the Curé of Ars who said, "A spiritual communion acts on the soul as blowing does on a cinder-covered fire which was about to go out. Whenever you feel your love of God growing cold, quickly make a spiritual communion."

PRAYER TO THE SHOULDER WOUND OF CHRIST

It is related in the annals of Clairvaux that St. Bernard asked Our Lord which was His greatest unrecorded suffering and Our Lord answered: "I had on My Shoulder, while I bore My Cross on the Way of Sorrows, a grievous Wound, which was more painful than the others and which is not recorded by men. Honour this Wound with your devotion and I will grant you whatsoever you ask through its virtue and merit. And in regard to all those who shall venerate this Wound, I will remit to them all their venial sins and will no longer remember their mortal sins."

O Loving Jesus, meek Lamb of God, I, a miserable sinner, salute and worship the most Sacred Wound of Your Shoulder on which You did bear Your heavy Cross, which so tore Your flesh and laid bare Your Bones as to inflict on You anguish greater than any other wound of Your Most Blessed Body. I adore You, O Jesus most sorrowful; I praise and glorify You, and give You thanks for this most sacred and painful Wound, beseeching You by that exceeding pain, and by the crushing burden of Your heavy Cross, to be merciful to me, a sinner, to forgive me all my mortal and venial sins, and lead me on towards Heaven along the Way of Your Cross. Amen.

Imprimatur: Thomas D. Bevan, Bishop of Springfield



PRAYER BEFORE A CRUCIFIX

Look down upon me, good and gentle Jesus, while before Thy face I humbly kneel, and with burning soul pray and beseech Thee to fix deep in my heart lively sentiments of faith, hope, and charity, true contrition for my sins, and a firm purpose of amendment, while I contemplate with great love and tender pity Thy five wounds, pondering over them within me, and calling to mind the words which David Thy prophet said of Thee, my Jesus: "They have pierced my hands and my feet, they have numbered all my bones."

(Ps. 21:17 - 18)

***Our Father, Hail Mary, Glory Be,
for the intentions of the Holy Father.***



PRAYER TO THE HOLY SPIRIT

Cardinal Mercier said, "I am going to reveal to you a secret of sanctity and happiness. For five minutes every day quieten your imagination, close your eyes to everything visible and your ears to all external sounds and withdraw into the sanctuary of your baptised soul which is the temple of the Holy Spirit. There, speak to the Holy Spirit and say:"

**O Holy Spirit,
Soul of my soul,
I adore You.
Enlighten,
guide,
strengthen and console me.
Tell me what I ought to do
and command me to do it.
I promise to submit to everything
that You ask of me
and to accept all that
You allow to happen to me.
Just show me what is Your will.**



PRAYER FOR THE SEVEN GIFTS OF THE HOLY SPIRIT

O Lord Jesus Christ, Who, before ascending into heaven, did promise to send the Holy Spirit to finish Your work in the souls of Your Apostles and Disciples, deign to grant the same Holy Spirit to me, that He may perfect in my soul the work of Your grace and Your love.

Grant me the Spirit of Wisdom that I may not be attached to the perishable things of this world, but aspire only after the things that are eternal.

Grant me the Spirit of Understanding to enlighten my mind with the light of Your divine truth.

Grant me the Spirit of Counsel that I may ever choose the surest way of pleasing God and gaining Heaven.

Grant me the Spirit of Fortitude that I may bear my cross with You, and that I may overcome with courage all the obstacles that oppose my salvation.

Grant me the Spirit of Knowledge that I may know God and know myself, and grow perfect in the science of the Saints.

Grant me the Spirit of Piety that I may find the service of God sweet and amiable.

Grant me the Spirit of Fear that I may be filled with a loving reverence towards God, and may dread in any way to displease Him.

Mark me, dear Lord, with the sign of Your true disciples and animate me in all things with Your Spirit. Amen.

THE REGINA COELI

L. Queen of Heaven, rejoice! Alleluia.

R. For He whom you merited to bear. Alleluia.

L. Has risen, as He said. Alleluia.

R. Pray for us to God. Alleluia.

L. Rejoice and be glad, O Virgin Mary. Alleluia.

R. Because the Lord is truly risen. Alleluia.

L. Let us pray:

O God, who by the Resurrection of your Son, our Lord Jesus Christ, granted joy to the whole world: grant, we beg You, that through the intercession of the Virgin Mary, His Mother, we may lay hold of the joys of eternal life. Through the same Christ our Lord. Amen.



*This prayer replaces the **Angelus** during the Paschal Season*

THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother; to you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your Mercy hear and answer me. Amen.

CONSECRATION TO THE BLESSED VIRGIN

My Queen, my Mother, I give myself entirely to you, and to show my devotion to you, I consecrate to you this day, my eyes, my ears, my mouth, my heart, my whole being without reserve. Wherefore, good Mother, as I am yours, keep me, guard me, as your property and possession. Amen.

MY DAILY OFFERING

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart: the salvation of souls, reparation for sin, the union of all Christians. I offer them for all the intentions of our Bishops and of all Apostles of Prayer, and in particular for those recommended by our Holy Father this month. Amen.

DAILY CONSECRATION TO THE SACRED HEART OF JESUS AND THE IMMACULATE HEART OF MARY

Sacred Heart of Jesus and Immaculate Heart of Mary, I consecrate my entire self to the most holy love of Your two hearts. I wish to make reparation for all the sins of the world, including my own. I offer these things for the love of the hearts of Jesus and Mary. I will keep my mind on beauty and turn my thoughts from evil things. I will hold my temper and bear the mistakes of others with love and a forgiving heart. I will admit when I am wrong and ask others to forgive me. I will not show off, but remain humble. I will offer up all my sufferings, sicknesses and hurts and seek God's will, not my own. I will show appreciation for the kindness and blessings that I receive, and thank God for all things. I will do everything in my life for love of God and I will love others as God has loved me. O Sacred Heart of Jesus, through the intercession of the Immaculate Heart of Mary, receive the offering and consecration I now make of myself to You. Keep me faithful until death and bring me one day to the happy home in Heaven. I desire to live forever with God the Father and the Most Holy Spirit and You my Lord Jesus, together with Your Most Immaculate Mother. Amen.



Sacred Heart of Jesus and Immaculate Heart of Mary, please protect us.

PRAYER TO SAINT JOSEPH

O St. Joseph whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires. O St. Joseph do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your heavenly power I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary of contemplating you with Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine Head for me, and ask Him to return the kiss when I draw my dying breath.

St. Joseph, Patron of departing souls,
pray for us. Amen



PRAYER OF SAINT FRANCIS OF ASSISI

Lord, make me an channel of your peace.

Where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.

O Divine Master, grant that I may not
so much seek

to be consoled as to console;
to be understood as to understand;
to be loved as to love.

For it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to
eternal life. Amen.



PRAYER TO SAINT JUDE FOR SPECIAL INTENTIONS

St. Jude, glorious Apostle, faithful servant and friend of Jesus, the name of the person who betrayed our Lord has caused you to be forgotten by many, but the true Church invokes you universally as the Patron of things despaired of. Pray for me, who am so miserable; pray for me, that I may finally receive the consolations and the succour of Heaven in all my necessities, tribulations, and sufferings, particularly *(add your personal request here)*, and that I may bless God with the Elect throughout Eternity.

May the Sacred Heart of Jesus be adored, glorified, loved and praised throughout the world, now and forever.

Sacred Heart of Jesus, please assist me.
Saint Jude, Worker of Miracles, please pray for me.
Saint Jude, Helper of the Hopeless, please pray for me. Amen.

If you feel desperation or hopelessness in your life, pray to St. Jude, the patron of desperate and hopeless cases.



ACT OF CONSECRATION TO JESUS CHRIST, THE INCARNATE WISDOM,
THROUGH THE BLESSED VIRGIN MARY



O Eternal and Incarnate Wisdom! O sweetest and most adorable Jesus! True God and true Man, only Son of the Eternal Father and of Mary ever virgin! I adore You profoundly in the bosom and splendours of Your Father during eternity, and I adore You also in the virginal bosom of Mary, Your most worthy Mother, in the time of Your Incarnation.

I give You thanks for that You have annihilated Yourself, taking the form of a slave in order to rescue me from the cruel slavery of the devil. I praise and glorify You for that You have been pleased to submit Yourself to Mary, Your holy Mother, in all things, in order to make me Your faithful slave through her. But alas! Ungrateful and faithless as I have been, I have not kept the promises which I made so solemnly to You in my Baptism. I have not fulfilled my obligations; I do not deserve to be called Your child, nor yet Your slave; and as there is nothing in me which does not merit Your anger and Your repulse, I dare not come by myself before Your most holy and august Majesty. It is on this account that I have recourse to the intercession of Your most holy Mother, whom You have given me for a mediatrix with You. It is through her that I hope to obtain of You contrition, the pardon of my sins, and the acquisition and preservation of wisdom.

Hail, then, O Immaculate Mary, living tabernacle of the Divinity, where the Eternal Wisdom willed to be hidden and to be adored by Angels and by men! Hail, O Queen of Heaven and Earth, to whose empire everything is subject which is under God. Hail, O sure refuge of sinners, whose mercy fails no one. Hear the desires which I have of the Divine Wisdom; and to that end receive the vows and offerings which in my lowliness I present to you.

I, (your name), a faithless sinner, renew and ratify today in your hands the vows of my Baptism; I renounce forever Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all the days of my life and to be more faithful to Him than I have ever been before.

In the presence of all the Heavenly Court, I choose you this day for my Mother and mistress. I deliver and consecrate to you, as your slave, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future; leaving to you the entire and full right of disposing of me, and all that belongs to me, without exception, according to your good pleasure, for the greater glory of God, in time and in eternity.

Receive, O benign Virgin, this little offering of my slavery, in honour of, and in union with, that subjection which the Eternal Wisdom deigned to have to your maternity, in homage to the power which both of you have over this poor sinner, and in thanksgiving for the privileges with which the Holy Trinity has favoured you. I declare that I wish henceforth, as your true slave, to seek your honour and to obey you in all things.

O admirable Mother, present me to your dear Son as His eternal slave, so that as He has redeemed me by you, He may receive me by you! O Mother of Mercy, grant me the grace to obtain the true Wisdom of God; and to that end receive me among those whom you love and teach, whom you lead, nourish and protect as your children and your slaves.

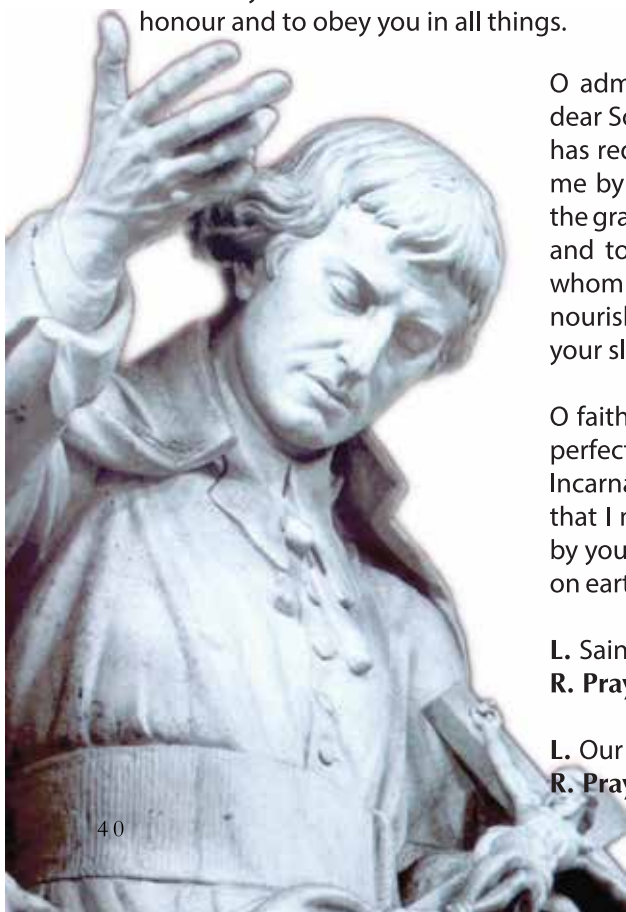
O faithful Virgin, make me in all things so perfect a disciple, imitator and slave of the Incarnate Wisdom, Jesus Christ your Son, that I may attain, by your intercession and by your example, to the fullness of His age on earth and of His glory in Heaven. Amen.

L. Saint Louis de Montfort

R. Pray for us

L. Our Lady of the Rosary

R. Pray for us



THE FIFTEEN PRAYERS OF ST BRIDGET



FIRST PRAYER

(Our Father, Hail Mary)

O Jesus Christ! Eternal Sweetness to those who love You, joy surpassing all joy and all desire, Salvation and Hope of all sinners, You have proved that You have no greater desire than to be among men, even assuming human nature at the fullness of time for the love of men: recall all the sufferings You have endured from the instant of Your conception, and especially during Your Passion, as it was decreed and ordained from all eternity in the Divine plan.

Remember, O Lord, that during the Last Supper with Your disciples, having washed their feet, You gave them Your Most Precious Body and Blood, and while at the same time You did sweetly console them, You did foretell of Your coming Passion.

Remember the sadness and bitterness which You did experience in Your Soul as You Yourself bore witness saying: "My Soul is sorrowful even unto death."

Remember all the fear, anguish and pain that You did suffer in Your delicate Body before the torment of the Crucifixion, when, after having prayed three times, bathed in a sweat of blood, You were betrayed by Judas, Your disciple, arrested by the people of a nation You had chosen and elevated, accused by false witnesses, unjustly judged by their judges during the flower of Your youth and during the solemn Paschal season.

Remember that You were despoiled of Your garments and clothed in those of derision; that Your Face and Eyes were veiled, that You were buffeted, crowned with thorns, a reed placed in Your Hands, that You were crushed with blows and overwhelmed with affronts and outrages.

In memory of all these pains and sufferings which You did endure before Your Passion on the Cross, grant me before my death true contrition, a sincere and entire confession, worthy satisfaction and the remission of all my sins. Amen.

SECOND PRAYER

(Our Father, Hail Mary)

O Jesus! True liberty of angels, paradise of delights, remember the horror and sadness which You did endure when Your enemies, like furious lions, surrounded You, and by thousands of insults, spits, blows, lacerations and other unheard-of cruelties, tormented You at will. In consideration of these torments and insulting words, I beseech You, O my Saviour, to deliver me from all my enemies, visible and invisible, and to bring me, under Your protection, to the perfection of eternal salvation. Amen.

THIRD PRAYER

(Our Father, Hail Mary)

O Jesus! Creator of Heaven and earth Whom nothing can encompass or limit, You Who do enfold and hold all under Your loving power, remember the very bitter pain You did suffer when the Jews nailed Your Sacred Hands and Feet to the Cross by blow after blow with big blunt nails, and not finding You in a pitiable enough state to satisfy their rage, they enlarged Your Wounds, and added pain to pain, and with indescribable cruelty stretched Your Body on the Cross, pulled You from all sides, thus dislocating Your limbs. I beg of You, O Jesus, by the memory of this most loving suffering of the Cross, to grant me the grace to fear You and to love You. Amen.

FOURTH PRAYER

(Our Father, Hail Mary)

O Jesus! Heavenly Physician, raised aloft on the Cross to heal our wounds with Yours, remember the bruises which You did suffer and the weakness of all Your Members which were distended to such a degree that never was there pain like Yours. From the crown on Your Head to the Soles of Your Feet there was not one spot on Your Body that was not in torment, and yet, forgetting all Your sufferings, You did not cease to pray to Your Heavenly Father for Your enemies, saying: "Father forgive them, for they know not what they do." Through this great Mercy, and in memory of this suffering, grant that the remembrance of Your Most Bitter Passion may effect in us a perfect contrition and the remission of all our sins. Amen.

THE FIFTEEN PRAYERS OF ST BRIDGET



FIFTH PRAYER

(Our Father, Hail Mary)

O Jesus! Mirror of eternal splendour, remember the sadness which You experienced, when contemplating in the light of Your Divinity the predestination of those who would be saved by the merits of Your Sacred Passion, You did see at the same time, the great multitude of reprobates who would be damned for their sins, and You did complain bitterly of those hopeless, lost, and unfortunate sinners. Through this abyss of compassion and pity, and especially through the goodness which You displayed to the good thief when You said to him: "This day, you shall be with Me in Paradise." I beg of You, O Sweet Jesus, that at the hour of my death, You will show me mercy too. Amen.

SIXTH PRAYER

(Our Father, Hail Mary)

O Jesus! Beloved and most desirable King, remember the grief You did suffer, when naked and like a common criminal, You were fastened and raised on the Cross, when all Your relatives and friends abandoned You, except Your Beloved Mother, who remained close to You during Your agony and whom You did entrust to Your faithful disciple when You said to Mary: "Woman, behold your son!", and to St. John: "Son, behold your Mother!".

I beg of You, O my Saviour, by the sword of sorrow which pierced the soul of Your holy Mother, to have compassion on me in all my afflictions and tribulations, both corporal and spiritual, and to assist me in all my trials, and especially at the hour of my death. Amen.

SEVENTH PRAYER

(Our Father, Hail Mary)

O Jesus! Inexhaustible Fountain of compassion, Who by a profound gesture of Love, said from the Cross: "I thirst!" suffered with a thirst for the salvation of the human race: I beg of You, O my Saviour, to inflame in our hearts the desire to tend toward perfection in all our acts, and to extinguish in us the excessive desire of the flesh and the love of worldly things. Amen.

EIGHTH PRAYER

(Our Father, Hail Mary)

O Jesus! Sweetness of hearts, delight of the spirit, by the bitterness of the vinegar and gall which You did taste on the Cross for Love of us, grant us the grace to receive worthily Your Precious Body and Blood during our life and at the hour of our death, that they may serve as a remedy and consolation for our souls. Amen.

NINTH PRAYER

(Our Father, Hail Mary)

O Jesus! Royal virtue, joy of the mind, recall the pain You did endure when plunged in an ocean of bitterness at the approach of death, insulted and outraged, You did cry out in a loud voice that You were abandoned by Your Father, saying: "My God, My God, why hast Thou forsaken Me?" Through this anguish, I beg of You, O my Saviour, not to abandon me in the terrors and pains of my death. Amen.

TENTH PRAYER

(Our Father, Hail Mary)

O Jesus! Who art the beginning and end of all things, life and virtue, remember that for our sakes You were plunged in an abyss of suffering from the soles of Your Feet to the crown of Your Head. In consideration of the enormity of Your Wounds, teach me to keep, through pure love, Your Commandments, whose way are wide and easy for those who love You. Amen.

ELEVENTH PRAYER

(Our Father, Hail Mary)

O Jesus! Deep abyss of mercy, I beg of You, in memory of Your Wounds which penetrated to the very marrow of Your Bones and to the depth of Your being, to draw me, a miserable sinner, overwhelmed by my offences, away from sin and to hide me from Your Face justly irritated against me; hide me in Your Wounds, until Your anger and just indignation shall have passed away. Amen.

TWELFTH PRAYER

(Our Father, Hail Mary)

O Jesus! Mirror of truth, symbol of unity, link of charity, remember the multitude of wounds with which You were covered from head to foot, torn

THE FIFTEEN PRAYERS OF ST BRIDGET



and reddened by the spilling of Your adorable Blood. O great and universal pain which You did suffer in Your virginal flesh for love of us! Sweetest Jesus! What is there that You could have done for us that You have not done! May the fruit of Your sufferings be renewed in my soul by the faithful remembrance of Your Passion, and may Your love increase in my heart each day until I see You in eternity.

You, who are the treasury of every real good and every joy, which I beg You to grant me, O sweetest Jesus, in Heaven. Amen.

THIRTEENTH PRAYER

(Our Father, Hail Mary)

O Jesus! Strong lion, immortal and invincible King, remember the pain which You did endure when all Your strength, both moral and physical, was entirely exhausted; You did bow Your Head, saying: "It is consummated." Through this anguish and grief, I beg of You, Lord Jesus, to have mercy on me at the hour of my death when my mind will be greatly troubled and my soul will be in anguish. Amen.

FOURTEENTH PRAYER

(Our Father, Hail Mary)

O Jesus! Only Son of the Father, splendour and figure of His Substance, remember the simple and humble recommendation You did make of Your Soul to Your Eternal Father, saying: "Father, into Your Hands I commend My spirit!" And with Your Body all torn, and Your Heart broken, and the bowels of Your Mercy open to redeem us, You did expire. By this Precious Death, I beg of You O King of Saints, comfort me and help me to resist the devil, the flesh and the world, so that being dead to the world I may live for You alone. I beg of You at the hour of my death to receive me, a pilgrim and an exile returning to You. Amen.

FIFTEENTH PRAYER

(Our Father, Hail Mary)

O Jesus! True and fruitful Vine! Remember the abundant outpouring of blood which You did so generously shed from Your Sacred Body as juice from grapes in a wine press. From Your Side, pierced with a lance by a soldier, blood

and water issued forth until there was not left in Your Body a single drop, and finally, like a bundle of myrrh lifted to the top of the Cross, Your delicate Flesh was destroyed, the very substance of Your Body withered, and the marrow of Your Bones dried up. Through this bitter Passion, and through the outpouring of Your Precious Blood, I beg of You, O Sweet Jesus, to receive my soul when I am in my death agony. Amen.

CONCLUSION

O Sweet Jesus! Pierce my heart so that my tears of penitence and love will be my bread day and night; may I be converted entirely to You, may my heart be Your perpetual habitation, may my conversation be pleasing to You, and may the end of my life be so praiseworthy that I may merit Heaven and there with Your saints, praise You forever and ever. Amen.

AVE MARIS STELLA

Hail thou star of ocean
Portal of the sky
Ever Virgin Mother
Of the Lord Most High.

O! by Gabriel's Ave,
Uttered long ago,
Eva's name reversing
Established peace below.

Break the captives' fetters,
Light on blindness pour,
All our ills expelling,
Every bliss implore.

Show thyself a Mother,
Offer Him our sighs,
Who for us incarnate
Did not thee despise.

Virgin of all virgins
To thy shelter take us,
Gentlest of the gentle
Chaste and gentle make us.

Still, as on we journey
Help our weak endeavour,
Till with thee and Jesus
We rejoice forever.

Through the highest heaven,
To the almighty Three
Father, Son, and Spirit,
One same glory be. Amen.

THE SEVEN DOLOURS OF MARY PETITIONS TO THE SORROWFUL HEART OF MARY



L. Incline unto my aid, O God!
R. O Lord, make haste to help me!
(Glory Be)

1. THE PROPHECY OF SIMEON

I compassionate thee, O sorrowful Mother Mary, on account of that grief suffered by thy tender heart at the prophecy of the aged Holy Simeon. O dearest Mother, through this thy afflicted heart, implore for me the virtue of humility and the Gift of the Fear of God.
(Hail Mary)

2. THE FLIGHT INTO EGYPT

I compassionate thee, O sorrowful Mother Mary, on account of those distressing fears which thy affectionate heart endured on the flight to Egypt and during thy sojourn there. O dearest Mother, through this thy anxious heart implore for me the virtue of generosity, particularly for the poor, and the Gift of Piety.
(Hail Mary)

3. THE LOSS OF THE CHILD JESUS IN THE TEMPLE

I compassionate thee, O sorrowful Mother Mary, on account of that anxiety which thy worried heart endured in the loss of thy beloved Child Jesus. O dearest Mother, through this thy exceedingly troubled heart, implore for me the virtue of chastity and the Gift of Knowledge.
(Hail Mary)

4. THE MEETING OF JESUS AND MARY ON THE WAY OF THE CROSS

I compassionate thee, O sorrowful Mother Mary, on account of that horror with which thy mother's heart was stricken when meeting Jesus, bearing the Cross. O dearest Mother, through this thy exceedingly oppressed heart, implore for me the virtue of patience and the Gift of Fortitude.
(Hail Mary)

5. THE CRUCIFIXION

I compassionate thee, O sorrowful Mother Mary, on account of that martyrdom which tortured thy magnanimous heart at the death-agony of Jesus. O dearest Mother, through this thy martyred heart, implore for me the virtue of temperance and the Gift of Counsel.
(Hail Mary)

6. THE TAKING DOWN OF THE BODY OF JESUS FROM THE CROSS

I compassionate thee, O sorrowful Mother Mary, on account of the anguish inflicted upon thy tender heart by the thrust of the lance that opened the side of Jesus and pierced His Most Adorable Heart. O dearest Mother, through this vicarious transfixion of thy own heart, implore for me the virtue of brotherly love and the Gift of Understanding.
(Hail Mary)

7. THE BURIAL OF JESUS

I compassionate thee, O sorrowful Mother Mary, on account of that agony of soul which racked thy most loving heart at the burial of Jesus. O dearest Mother, through this extreme torment that filled thy burdened heart, implore for me the virtue of zeal and the Gift of Wisdom.
(Hail Mary)

L. Pray for us, O Virgin Most Sorrowful!

R. That we may be made worthy of the promises of Christ.

L. Let us pray:

O Lord Jesus Christ, we beseech thee that the most Blessed Virgin Mary, whose soul was pierced by the Sword of Sorrow in the hour of Thy Passion, may be our advocate at the throne of Thy Mercy, now, and at the hour of our death. Through Thee, Jesus Christ, Redeemer of the World, Who livest and reignest with the Father and the Holy Ghost, world without end. Amen.

L. Precious Blood of Christ.

R. Save us!

L. O most beloved and most merciful Infant Jesus of Prague.

R. Save us from moral decline, disasters, plagues and wars forever. Amen.

L. O Mary, most sorrowful, Mother of the faithful.

R. Pray for us.

A plenary indulgence is granted to the faithful who make the pious exercise of the Way of the Cross; and also go to Confession, receive Holy Communion and recite a prayer for the intentions of the Pope, e.g. one Our Father and one Hail Mary.

In the Way of the Cross we recall anew the sufferings, which the divine Redeemer endured, while going from the praetorium of Pilate, where he was condemned to death, to the mount of Calvary, where he died on the cross for our salvation.

The gaining of the plenary indulgence is regulated by the following norms

- 1) *The pious exercise must be made before stations of the Way of the Cross legitimately erected.*
- 2) *For the erection of the Way of the Cross, fourteen crosses are required, to which it is customary to add fourteen pictures or images, which represent the stations of Jerusalem.*
- 3) *According to the more common practice, the pious exercise consists of fourteen pious readings, to which some vocal prayers are added. However, nothing more is required than a pious meditation on the Passion and Death of the Lord, which need not be a particular consideration of the individual mysteries of the stations.*
- 4) *A movement from one station to the next is required. (But if the pious exercise is made publicly and if it is not possible for all taking part to go in an orderly way from station to station, it suffices if at least the one conducting the exercise goes from station to station, the others remaining in their place).*

PREPARATORY PRAYER

O most merciful Jesus, with a contrite heart and penitent spirit, I bow down in profound humility before Thy divine majesty. I adore Thee as my supreme Lord and Master; I believe in Thee, I hope in Thee, I love Thee above all things. I am heartily sorry for having offended Thee, my Supreme and Only Good. I resolve to amend my life, and although I am unworthy to obtain mercy, yet the sight of Thy holy cross, on which Thou didst die, inspires me with hope and consolation. I will, therefore, meditate on Thy sufferings, and visit the stations of Thy Passion in company with Thy sorrowful Mother and my guardian angel, with the intention of promoting Thy honour and saving my soul.

I desire to gain the indulgences granted for this holy exercise for myself and for the Poor Souls in Purgatory. O merciful Redeemer, who hast said, "And I, if I be lifted from earth, will draw all things to Myself," draw my heart and my love to Thee, that I may perform this devotion as perfectly as possible, and that I may live and die in union with Thee. Amen.

First Station

JESUS IS CONDEMNED TO DEATH

L. We adore Thee, O Christ, and we
praise Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

O Jesus! So meek and uncomplaining,
teach me resignation in trials.

(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.**



Second Station

JESUS CARRIES HIS CROSS

L. We adore Thee, O Christ, and we
praise Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

My Jesus, this Cross should be mine,
not Thine; my sins crucified Thee.

(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.**



Third Station

JESUS FALLS THE FIRST TIME

L. We adore Thee, O Christ, and we
praise Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

O Jesus! By this first fall,
never let me fall into mortal sin.

(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.**



Fourth Station

JESUS MEETS HIS MOTHER

L. We adore Thee, O Christ, and we
praise Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

O Jesus! May no human tie, however
dear, keep me from following the road of
the Cross.

(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.**



Fifth Station

SIMON HELPS JESUS CARRY HIS CROSS

L. We adore Thee, O Christ, and we
praise Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

Simon unwillingly assisted Thee;
may I with patience suffer all for Thee.

(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.**



Sixth Station

VERONICA WIPES THE FACE OF JESUS

L. We adore Thee, O Christ, and we
praise Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

O Jesus! Thou didst imprint Thy sacred
features upon Veronica's veil; stamp them
also indelibly upon my heart.

(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.**



Seventh Station

JESUS FALLS THE SECOND TIME

L. We adore Thee, O Christ, and we
praise Thee

R. Because by Thy holy cross, Thou hast
redeemed the world

By Thy second fall, preserve me, dear
Lord, from relapse into sin.

(Our Father, Hail Mary, Glory Be)

O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.



Eighth Station

JESUS CONSOLES THE WOMEN OF JERUSALEM

L. We adore Thee, O Christ, and we
praise Thee

R. Because by Thy holy cross, Thou hast
redeemed the world

My greatest consolation would be to hear
Thee say: "Many sins are forgiven thee,
because thou hast loved much."

(Our Father, Hail Mary, Glory Be)

O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.



Ninth Station

JESUS FALLS THE THIRD TIME

L. We adore Thee, O Christ, and we
praise Thee

R. Because by Thy holy cross, Thou hast
redeemed the world

O Jesus! When weary upon life's long
journey, be Thou my strength and my
perseverance.

(Our Father, Hail Mary, Glory Be)

O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.



Tenth Station

JESUS IS STRIPPED OF HIS GARMENTS

L. We adore Thee, O Christ, and we praise
Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

My soul has been robbed of its robe of
innocence; clothe me, dear Jesus, with the
garb of penance and contrition.

(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear Thy
cross to Calvary, in Thy sweet mercy grant
to me to suffer and to die for Thee.**



Eleventh Station

JESUS IS NAILED TO THE CROSS

L. We adore Thee, O Christ, and we
praise Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

Thou didst forgive Thy enemies; my God,
teach me to forgive injuries and forget them.

(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.**



Twelfth Station

JESUS DIES ON THE CROSS

L. We adore Thee, O Christ, and we
praise Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

Thou art dying, my Jesus, but Thy Sacred
Heart still throbs with love for Thy sinful
children.

(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.**



Thirteenth Station

JESUS IS TAKEN DOWN FROM THE CROSS

L. We adore Thee, O Christ, and we
praise Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

Receive me into thy arms, O Sorrowful
Mother; and obtain for me perfect
contrition for my sins.

(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.**



Fourteenth Station

JESUS IS LAID IN THE SEPULCHRE

L. We adore Thee, O Christ, and we
praise Thee

**R. Because by Thy holy cross, Thou hast
redeemed the world**

When I receive Thee into my heart in Holy
Communion, O Jesus, make it a fit abiding
place for Thy adorable Body. Amen.

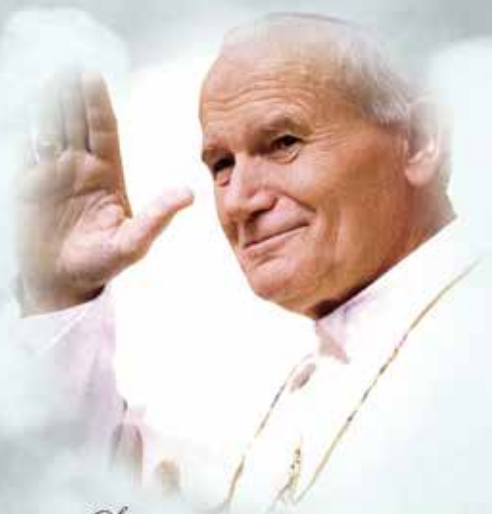
(Our Father, Hail Mary, Glory Be)

**O Jesus, Who for love of me didst bear
Thy cross to Calvary, in Thy sweet mercy
grant to me to suffer and to die for Thee.**



CONCLUDING PRAYER

Almighty and eternal God, merciful Father, who hast given to the human race Thy beloved Son as an example of humility, obedience, and patience, to precede us on the way of life, bearing the cross: graciously grant us that, inflamed by His infinite love, we may take up the sweet yoke of His Gospel together with the mortification of the cross, following Him as His true disciples, so that we shall one day gloriously rise with Him and joyfully hear the final sentence: "Come, ye blessed of My Father, and possess the kingdom which was prepared for you from the beginning," where Thou reignest with the Son and the Holy Ghost, and where we hope to reign with Thee, world without end. Amen.



SAINT POPE JOHN PAUL II



*BLESSED YACOUB HADDAD
THE CAPUCHIN*



*BLESSED ESTEPHAN
NEHME*

PRAY FOR US



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